

To adapt for partial perpetual or Eucharistic Adoration some sections have been crossed out or put in square brackets.

[PERPETUAL] EUCHARISTIC ADORATION

[To Be Used for Adoration Invitation Sign-Up Weekends]

PART I

What it is

Adoration is simply appreciation that the Blessed Sacrament is really Jesus. This appreciation is expressed when a parish has a chapel that is open [7 days a week, 24 hours a day with permanent] for exposition of the Blessed Sacrament for adoration by the faithful.

All that is needed to start perpetual adoration here is for enough people in the parish to be willing to spend just one hour once a week with Jesus in the Blessed Sacrament, so that we can organize these hours such a way that every hour is covered -- with at least one person, and preferably two or more people, present in the chapel at all times, so that Jesus is never left alone, that the chapel can ~~[always]~~ be open, and together as a people of God you profess your faith and your love in the Real Presence of Jesus in the Blessed Sacrament.

The purpose of it

Because, as Saint John Paul II, said, our communal love for Jesus at Mass must go together with our personal love for Jesus in the Blessed Sacrament in order for love to be complete.

The Lord calls us to communal worship today. We come as a parish family to give glory to the Father and to express our unity in Christ.

Then Jesus stays with us in the Blessed Sacrament day and night to call us back to Himself sometime during the week, that we may spend some quiet time with Him in prayer in order to deepen our unity, our friendship, and our personal relationships with Jesus our Saviour, Who says: “*Come to me; it is really I.*”

In other words: Come to where He is -- Where He is in Person -- Jesus dwelling with us here on earth today in the Blessed Sacrament.

Who it is

We all know that when you love someone, you want to be with the one you love. And the more you love someone, the more you want to be with that special person.

This explains the very mystery of our Catholic faith: Why it is that Jesus stays with us in the Blessed Sacrament day and night. It's simply because He loves us so much that He never wants to leave us. For He says: “*Behold, I am with you always, for I have loved you with an everlasting love, and constant is my affection for you.*”

Our Faith tells us that same Jesus born 2000 years ago in Bethlehem, the same Jesus who died on the Cross for our sins, and who rose again on Easter Sunday “waits for us in this Sacrament of Love,” where He appeals to each one of us: *“Could you not watch one hour with me?”*

How we do it

This hour that Jesus wants you to spend with Him is spent any way you want to --^[1]~~SEP~~with your own favourite prayer book; reading the Holy Bible; praying the Holy Rosary; speaking to Jesus heart to heart, as one does with a friend; or you may be so tired or troubled or worn out that you may want to just sit and relax and enjoy the sweet peace that comes from simply being with the one who loves you the most, Jesus in the Most Blessed Sacrament.

The Church teaches us that Jesus is so appreciative that each moment you spend with Him will deepen your unity with Him and make your soul everlastingly more beautiful and glorious in heaven.

Call for Prayer

Would you now please pray with me to Our Blessed Lady that everyone in the parish may want to participate so that soon we may have perpetual adoration here. Hail Mary

PART II

Why

Each of us has his or her own personal reasons for wanting to spend one hour each week with Jesus in the Blessed Sacrament. I would like to share just two that we all have in common: the joy we give to Him, and the graces He gives to us.

We all know that when you love someone, you experience a joy in being with the one you love. A mother can hardly wait to hold her newborn infant; a father’s joy is being with his children; grandparents delight in seeing their grandchildren; friends treasure the moments they spend together, and sweethearts find it difficult to leave each other’s company.

And the more you love someone, the greater joy you have in being with that person.

This is the point: Because Jesus loves you infinitely, unlimited is the joy you bring to His Sacred Heart when you come to spend an hour with Him in the Blessed Sacrament.

Even if you feel like you are the worse person in the world, the worse you feel yourself to be, the more joy you bring to Jesus when you humble yourself and go to Him in the Blessed Sacrament.

Benefits

Jesus says to each one of us: *“Do not be afraid. Come to me all of you who are weary and find life burdensome, and I will refresh you.”*

Jesus stays with us in the Blessed Sacrament day and night to refresh us in mind and heart and spirit by lavishing on us those graces that encourage us, strengthen us, comfort us, guide us, and inspire us to place all of our trust in His Most Sacred Heart, so that the power of His love may cast out every fear, doubt, worry and anxiety that we have. For He says: *“Fear is useless. What is needed is trust. My peace is my gift to you. Cast all your anxiety upon the Lord Who cares for you.”*

Conclusion

For nowhere on earth are you more loved; nowhere on earth are you more welcomed; nowhere on earth is your presence more appreciated than in the Presence of Jesus in the Most Blessed Sacrament, where He loves you with a personal love, as if you were the only one in the whole world.

And with each visit, you will grow in your conviction of His infinite love for you. And the more lovable we see ourselves to be in His eyes, the more loving we can be with one another.

Others also share in the blessings of your holy hour of prayer because one person coming before the Lord in the Blessed Sacrament represents all mankind Every man, woman and child on the face of the earth experiences a new effect of God’s grace, goodness and mercy with every holy hour of prayer that you spend with Jesus in the Blessed Sacrament.

PART III

The Night Hours [IF APPLICABLE]

One advantage of having exposition is that all can participate find at least one hour a week to be with Jesus. And whatever hour you choose [~~-- morning, afternoon, evening or night~~] is most pleasing to the Lord. And we need adorers for all of the hours. [~~But the hour that we need people the most is one of the night hours, between midnight and 6 a.m., because those are the hours that it is most difficult to find volunteers for.~~

~~So, those of you who can, we ask you to please help us out and take one of those difficult hours. For those who are willing to make this sacrifice and take one of these hours in the middle of the night: First, God will bless you ten times as much for doing so, because God cannot be outdone in generosity. Whenever we are generous with God, He is ten times more generous with us.]~~

[~~Secondly~~], It was in the middle of the night that Jesus asked for His first holy hour of prayer; when, during His agony in the garden, He began to sweat blood at the realization that the gift that He had just given to us on Holy Thursday night, the complete gift of Himself in the Eucharist, would be appreciated by so few and be rejected by so many.

Then Jesus saw before Him in the garden every holy hour of prayer that would be made by those who would love Him so much as to be willing to make a sacrifice and keep Him company, even in the middle of the night. This made up for the grief and agony that He felt. For then He then knew that His love would be returned; for He was about to make for us the greatest sacrifice of all, whereby He said: *“Greater love than this no man has, than to lay down his life for his friends.”*

[Thirdly], Sacrifice is the language of love. Through Christ's perfect sacrifice on the Cross, we have the Holy Sacrifice of the Mass. Good Friday follows Holy Thursday because Good Friday is the price that Jesus paid to institute the Eucharist on Holy Thursday night.

He gave up His Body on the Cross for love of you that today He may give His Body to you in Holy Communion. When we receive Communion what we receive is not bread, but the very Body, Blood, Soul and Divinity of Our Saviour, who shed His very last drop of Blood on the Cross, so that today He may fill you with the fullness of His divine life and love in this Holy Sacrament.

There is no sacrifice that compares with the sacrifice that Jesus continuously makes for love of you in the Holy Eucharist. But every sacrifice you make for love of Him -- by being willing to spend an hour each week with Him in the middle of the night -- consoles and comforts His Heart for those who do not know Him or love Him, and wins countless graces for the whole world to return to Him who said: *"If I be lifted up, I will draw all men to myself."*

Through the power of the Eucharist, Christ will draw all mankind to Himself. Your sacrifice releases His power upon the whole world, for Scripture tells us that it is the faith of man that releases the power of God. Jesus turned around and said: *"Who touched me because I felt power coming from me?"* Those who are willing to make a sacrifice and go to Jesus in the middle of the night touch His heart and release His power, His grace and healing love upon all humanity.

This is why Saint John Paul II appealed to the Catholic laity when he said: "The Church and the world have a great need for Eucharistic adoration. Let us be generous with our time in going to meet Him. May our adoration never cease." Because this is what will bring about a flowering of God's kingdom on earth and lasting peace to the world.

PART IV – THE SIGN-UP INSTRUCTIONS

[Parish clergy can give these (or if lay speaker will give these instructions with a brief personal sharing say: "At this time, I would like to invite NAME OF LAY SPEAKER to speak and provide you with the sign-up Instructions. He/she will help us to organize and expand our Adoration program."]



Invitation to Perpetual Eucharistic Adoration

Yes, I am willing to spend one hour once a week with Jesus,
Who is truly present in the Blessed Sacrament.

Name: _____

Telephone: _____

Email: _____

Please put a check mark beside the time(s) of the day you prefer:

☐ Morning (6 a.m. - noon)	☐ Evening (6 p.m. - midnight)
☐ Afternoon (12 noon - 6 p.m.)	☐ Night (midnight - 6 a.m.)

If you are willing to be a coordinator to help us to organize Eucharistic Adoration, please put a check mark in this space: ☐

Here are the Sign-up with Instructions [IF USING FORM LISTING THE 4 TIME DIVISIONS]

- My dear brothers and sisters in Christ: The way we organize perpetual adoration is to call you up on the telephone to find out what day and hour are best for you.
- ***For that reason, invitations will now be given to everyone. We ask the ushers at this time to please hand out the invitations and the pencils.***
- ***We pray and ask Our Lady to guide us.***

- We ask everyone in this parish to fill out the invitations now please, because we will be organizing perpetual adoration this week, and we need to know how many people will be participating before we can begin.
- All we need on the invitations are your name and telephone number and email if you have one, and somebody will call you on the telephone to find out the day and hour that you want.
- *If you think that you know right now the day or days of the week that you would like to spend your hour, on Question 2 of the invitation, you can note those days.*
- *If you think you might know the hours, you can put a check mark in front of the time frame.*
- *[Remember, Father X has asked and since this is a small parish, we need and encourage everyone to please sign-up for **two** hours a week if possible ".]*
- Once again, please keep in mind that we need people for all the hours, and whatever hour you choose is most pleasing to the Lord. If we don't get enough adorers for these hours, then we can't have perpetual adoration.
- If you do not know right now *the day or hour* of the day that you want to spend your time with Our Lord, then you can just leave that blank because somebody will be calling you anyway to find out the days and times that you want.
- I would like to ease your mind by saying that you can change your day and your hour anytime you want to. And if in any particular week you have a conflict in your schedule and you're unable to make your holy hour, please don't worry about it because we will have a substitute system. This is not to put a burden on you. Rather it is to take all the burdens off you.
- The last section on the invitation is an appeal to help organize perpetual adoration. The success of this endeavor in the Church today depends on lay responsibility. *For perpetual adoration to succeed, we need a team of coordinators, usually it takes 24 captains. The job involves making a few telephone calls. We also need an adorer scheduling database manager and chapel librarian.*
- *If you think that you might like to be a coordinator please put a checkmark at the end of the sentence on the bottom of your invitation.*
- (There will be a coordinators' meeting on [DATE MONDAY evening at 7:00 p.m.] in [the parish hall, meeting room] for the purpose of organizing perpetual adoration. At that meeting the role of a coordinator will be thoroughly explained. That's [MONDAY] evening at 7:00 p.m. in the parish hall [meeting room].)
- *After you're finished filling out the invitations, please hold on to them until after Holy Communion. After Communion the ushers will come around to collect the invitations and the pencils. Please do not put them in the regular collection at Offertory time but wait for the special collection for them after Holy Communion.*

Conclusion

Thank you for your wonderful response to God's call!

You are being invited to have a personal visit with the King of Kings,
the Lord of Lords, our Sweet Saviour Jesus Christ,
the Healer and Doctor of our souls, Who loves you.

Venite Adoremus! O Come let us adore Him.

Amen.

Invitation

From time to spend one hour per week with
 like is Eucharistic Adoration
 that I will spend one hour per week with Jesus.

Name _____

Telephone (mobile) _____

Email (optional) _____

Address (optional) _____

Preferred Days and Hours: If you know yet, someone will phone you to confirm or adjust.

☐ Monday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Tuesday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Wednesday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Thursday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Friday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Saturday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm
☐ Sunday	☐ 12pm-1pm	☐ 1pm-2pm	☐ 2pm-3pm	☐ 3pm-4pm

☐ No the another hour is possible - just put me when I am needed most.

☐ I am willing to help organize/coordinate the adoration.

[PART IV (IF YOU ARE USING A FORM LIKE THIS LISTING DAYS AND HOUR)]

Here are the Sign-up with Instructions

- My dear brothers and sisters in Christ: The way we organize perpetual adoration is to call you up on the telephone to find out what day and hour are best for you.
- ***For that reason, invitations will now be given to everyone. We ask the ushers at this time to please hand out the invitations and the pencils.***
- ***We pray and ask Our Lady to guide us.***
- We ask everyone in this parish to fill out the invitations now please, because we will be organizing Eucharistic adoration this week, and we need to know how many people will be participating before we can begin.
- All we need on the invitations are your name and telephone number and email if you have one, and somebody will call you on the telephone to find out the day and hour that you want.
- *If you think that you know right now the day or days of the week that you would like to spend your hour, or you may be available - on the invitation, you can put a check mark in front of those days.*
- *If you think you might know the hours, you can put a check mark in front of the hours.*
- ~~*[Remember, Father X has asked and since this is a small parish, we need and encourage everyone to please sign up for two hours a week if possible".]*~~
- Once again, please keep in mind that we need people for all the hours, and whatever hour you choose is most pleasing to the Lord. If we don't get enough adorers, then we can't have the adoration.
- If you do not know right now *the day or hour* of the day that you want to spend your time with Our Lord, then you can just leave that blank because somebody will be calling you anyway to find out the days and times that you want.
- I want to ease your mind by saying that you can change your day and your hour anytime you want to. And if in any particular week you have a conflict in your schedule and you're unable to make your holy hour, please don't worry about it because we will have a substitute system. This is not to put a burden on you. Rather it is to take all the burdens off you. At least 2 adorers are scheduled per hour to provide thorough coverage and backup.
- The last section on the invitation is an appeal to help organize the adoration. The success of this endeavor in the Church today depends on lay responsibility. *For perpetual adoration to succeed, we need a team of coordinators, usually it takes up to 24 captains. The job involves making a few telephone calls occasionally. We also need an adorer scheduling database manager and a chapel librarian.*
- *If you think that you might like to be a coordinator please put a checkmark in front of the last sentence on the bottom of your invitation.* There will be a coordinators' meeting AT A CONVENIENT TIME TO BE DETERMINED for the purpose of organizing adoration. At that meeting the role of a coordinator will be thoroughly explained.
- *After you're finished filling out the invitations, please hold on to them until after Holy Communion. After Communion the ushers will come around to collect the invitations and the pencils. So please do not put them in the regular collection at Offertory time but wait for the special collection for them after Holy Communion.*

Conclusion: Thank you for your wonderful response to God's call! You are being invited to have a personal visit with the King of Kings, the Lord of Lords, our Sweet Saviour Jesus Christ, the Healer and Doctor of our souls, Who loves you. *Venite Adoremus! O Come let us adore Him.* Amen.